

North West Youth (u10 & u12) Rules & Regulations

Age Criteria	U10s: Children born in 2016 & 2017 U12s: Children born in 2014 & 2015
Number of players	9-a-side including goalkeeper Maximum 5 substitutes Total 14 players
Field of play	18-yard box to 18-yard box of main pitch Width of pitch between 40m & 50m Cones used to mark the pitch
Goal size	Minimum 5m wide x 2m high
Ball size	Size 4
Duration of Game	25min halves 5min half time break
Penalty area	10m deep x 20m wide Penalty spot 8m from goal line
Offsides	No Need to encourage kids to not stand in offside positions
Goal Keepers	Not allowed to kick or drop kick ball directly from their hands Players must be 10m away from penalty area until ball is in play Ball is in play when ball is outside the penalty area or goalkeeper puts on ground.
Interchange	There is no limit of interchanges, and it should be priority for equal playing time Interchange can occur whilst the ball is in play
Free Kicks	All free kicks are in-direct free kicks. Players from opposition need to be at least 5m away from the free kick spot
Match Sheets	No match sheets are required; however, players need to be mapped to a team in DRIBL before playing
Corners	Yes
Results recorded	No
Ladder	No
Finals	No